

Perspectives on End-of-life Care Planning of Elders in Residential and Community Settings: Hong Kong Experience

So-wah LAM, Kin-wai WONG, Siu-fan LI
The Salvation Army

Promotional Scheme on Life & Death Journey

Period : July 2011 to June 2014 (three years)

Objectives :

- 1. To foster positive attitude towards death among elders, their family members and caregivers;**
- 2. To facilitate the communication between elders and their family members so that the latter can get involve in the process of the former's death preparation;**
- 3. To provide necessary support for the needy elders particularly those with limited or without family support, in accomplishing their personal life and death journey plan.**

Life and Death Educational Programme

- Developing elders positive attitudes towards life and death issue, and formulating their personal life and death journey plan.



Education Seminar and Family Workshop

- Focusing on communication skills and information about life and death issue;
- Visitation for caregivers and elders to enhance their competency and confidence to prepare for death.



Life Navigator Support Service

- Assisting elders without family support to in accomplishing their life and death journey plan through visits by Life Navigators



Bereavement Care

- Render individual and group bereavement counselling service rendered in order to
 - Reduce their grief and pain;
 - Deal with the difficulties of daily living and adjustment problem induced by bereavement.



Since 2011.....

- The project has been serving over 2,000 elders in both the community and residential care settings;
- Six-session educational group : advance directives, knowledge of funeral arrangements, communication skills with family members and life appreciation.

節數	主題
第一節	開放自己、大談生死
第二節	享受生命、及時叮囑
第三節	面對臨終、安心預囑
第四節	家人溝通、預備遺囑
第五節	「為生命鼓掌之旅」戶外活動
第六節	欣賞成果、心安無憾



Residential Care Homes



From July 2011 to June 2013

- Over 200 elders 7 aged homes participated in the groups;
- Eager to share their views on palliative care and other medical treatments (e.g., DNR and tube feeding);
- Advance care planning was the first priority concern;
- More readiness and intention to learn about how to have a ‘good death’.



Recommendation on the Roles of Service Providers

- Advanced directives can be widely carried out in residential care setting;
- Staff in residential home can perform a bridge between elders and their families, especially on advance care planning
- Providing different platforms and opportunities to involve community-dwelling elders to share their view of life and death.



Service Enquiry

Telephone: 2651 1698



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Q&A



Thank You

