



#### **Co-organizers**

# Pain Management for Older Adults: Multi-disciplinary Approach

**Date & Time:** 23-8-2018 to 27-9-2018

Thursday Evenings: 7:00 pm to 9:00 pm

**Target** 

participants: Registered Nurses, Enrolled Nurses, Social Workers, PT, OT, Medical Doctor, GP

**Course Fee:** HKD 1,500 per person (non-member)

HKD 1,150 per person (member of HKAG and HKCGN)

**Venue:** Hong Kong Association of Gerontology, 1/F., Kimberley House,

35 Kimberley Road, Tsim Sha Tsui, Kowloon

CNE Points: 12 points (CNE/CPD (PT,OT,SW) points would only be awarded to those who

CPD(PT, OT, 12 points have at least 85% or above attendance.)

SW) Pts.

	Date	Topics	Speaker	
1.	23/8	Various Types of Pain in Older People, Theory	Dr. Raymond Lo	
	(Thur)	of Pain and underlying pathophysiology	Geriatric Specialist	
2.	30/8	Physical Modalities and Physiotherapy for	Mr. Wilson Chan	
	(Thur)	pain management	SPT / Manager of NWD-Aging Innovation	
3.	6/9	Non-Drug Pain Management	Dr. Mimi Tse	
	(Thur)		Assistant Professor, School of Nursing,	
			The Hong Kong Polytechnic University	
4.	13/9	Assessment of pain, drug management and	Dr. Raymond Lo	
	(Thur)	other forms of medical interventions	Geriatric Specialist	
5.	20/9	Pain Management in Cancer and Terminal	Ms. Faith Liu	
	(Thur)	Patients and Psychological Support in Pain	Nurse Consultant of Hong Kong Association of	
		Management	Gerontology	
6.	27/9	Aromatherapy in Pain Management	Dr. Irene Wong	
	(Thur)		Aromatherapist	

<sup>\*</sup> Award: Certificate of Attendance for those who have 85% attendance (5 lessons or above)

#### Speakers profile:

#### Dr. Mimi Tse

Assistant Professor, School of Nursing, The Hong Kong Polytechnic University

Dr. Mimi Tse, Assistant Professor and Programme Leader for Master of Science in Nursing at the School of Nursing, The Hong Kong Polytechnic University. Mimi's research areas focus on pain management using non-pharmacological approach, elderly care, improving quality of living for older adults, long-term care, risk of dietary and age-related diseases, active aging, and digital health.

#### Ms. Faith Liu

Nurse Consultant, (End- of- Life Care) The Hong Kong Association of Gerontology

Ms. Faith Liu works as a Nurse Consultant (End-of-Life Care) in The Hong Kong Association of Gerontology. She is one of the pioneer of palliative care in Hong Kong and has rich experiences in the specialty. Her publication and research topics includes cancer pain; community palliative care in Hong Kong; preparing cancer patients to die at home; health problems encountered by dying patients receiving palliative home care and Advance Care Planning.

#### Mr. Wilson Chan

SPT / Manager of NWD-Aging Innovation

Mr. Wilson Chan works as a Senior Physiotherapist in the New World Development - Ageing Innovation. He is a very experienced physiotherapist that has worked in various Hospitals, NGOs & private settings.

#### **Dr. Irene Wong**

Aromatherapist

Dr. Irene Wong, PhD, MPsych is a nurse in both HK and the UK, educator and founder of "Aroma Garden". She started her company to educate the public as well as health care professionals about the wonderful healing potential of using aroma essential oils. Irene's nursing passion and specialty is in gerontology. Before starting a freelance teaching and research supervision in university, Irene worked many years as an Associate Professor at the Chinese University of Hong Kong followed by being the Head of School of Nursing at a private hospital. Dr. Wong received her Gerontology training in the UK. Her research and publications focus on gerontology and chronic wound management. Above all, Irene believes that Essential oils, which are derived from plants, are able to promote physical and psychological well-being of older adults.

\* Award: Certificate of Attendance for those who have 85% attendance (5 lessons or above)

## Pain management for older adults: multi-disciplinary approach (23-8-2018 to 27-9-2018)

### **Registration Form**

English Name (In Block Le	Chinese	Chinese Name:				
Address:						
Office No:	Mobile / pager:		_ Fax:			
E-mail address:						
Workplace:						
Course Fee:  Member: \$ 1,150 [ HKCGN / HKAG ] (please circle) **  Non-member: \$ 1,500						
(For Organization Members	Only) **Each Organization cou	ld only nominat	e 5 members per course			
Signature of authorized person & Organizational Seal:	n HKAG Mei	mbership no.: _				
•	eceive information on future ase insert a ✓ in the box on		ars or activities			
Deadline for Registration	ı: 16-8-2018					
For registration:						
Please complete the Re	gistration Form with cheque	payable to				
	<i>n of Gerontology</i> and send	to:				
9 9	ciation of Gerontology,	· 0. T ·				
1/F., Kimberley H	ouse, 35 Kimberley Road, T	sım Sha Tsui,	Kowloon			
	t to join the Association toge orm with a separate chequ					
Enquiry: Hong Kong As	sociation of Gerontology					
<b>Tel</b> : 2775-5756 (Teresa \	eung) <b>Fax:</b> 2775-5586	Email: <u>t</u>	eresayeung@hkag.org			